

## Best Beginner Golf Sets for Women in 2021

If you are a female beginner golfer looking for a set of clubs, there is plenty to consider before your purchase. First, there are a number of similarities between women and men when choosing new clubs.

Beginning golfers should decide how much they are willing to invest in the game, both in time and money. Golf can be an expensive game, with purchasing golf clubs definitely among those expenses.

If you are wanting to start golf, but do not know yet how devoted to becoming a better golfer you will be, going all-in on the finest set of clubs you can buy does not make much sense. If you are a beginner and have fallen in love with the game, then it is more logical to be willing to spend more.

Another way would be to buy a basic set now and add to it over time.

Beginning golfers, men and women alike, typically share certain traits. First, their swing speed is lower than more experienced golfers. Second, they strike the ball less often in the sweet spot of the club head, resulting in off-line shots. Third, they sometimes struggle to get the ball airborne and, when they do, slice the ball.

The effects of a slower swing speed can be mitigated with more flex in the shaft of a club. Perimeter-weighted irons can help with off-center shots. These are notable by their cavity-back shape. And slices can be lessened with offset clubs, where the leading edge of a club's face is set back from the hosel.

All of that holds true for both men and women. But there are physiological differences between men and women that affect the swing.



Women, on average, have a lower swing speed than men, meaning a proper club choice is important to address that.

The reason for the lower swing speed is mainly two-fold. One, women are generally shorter than men, resulting in a shorter arc. This shorter arc makes it more difficult to generate club-head speed.

Also, women are usually not as strong as men. Naturally, this would make it more difficult to swing the club as fast as men. To combat this, women's clubs are usually listed with an "L" flex or some equivalent. This means the shaft of the club is more flexible than in most men's clubs. Beginning women golfers should, almost without exception, have more flex in the shafts of their clubs.

Women are often more flexible than men, with longer and more languid swings. These swings can be beautiful to look at but often have another difference from men aside from swing speed. Women's swings tend to be flatter, or shallower in golfing terms. All this means is that the swing is flatter than men's.

This flatter swing can be an advantage at times. It often means, though, that a woman will produce shallower divots than men. To adjust to this, women's clubs typically will have a higher loft than men's clubs to help get the ball airborne.

Lastly among the physiological differences is that women usually have wide hips that can result in more bodyweight shift during the swing. Women may naturally have wider stances than men do because of this.

### OUR TOP PICKS



#### [Wilson Golf Women's Ultra](#)

- Inexpensive entry-level set
- Nice bag included



#### [Callaway Women's Strata](#)

- Clubs are designed to be easy to hit
- Mallet putter included



#### [Pinemeadow Golf Women's Nitrix](#)

- Reasonable price
- Graphite shafts on woods



#### [Palm Springs Golf Visa Lady](#)

- Designed for beginners
- Two hybrids included



#### [Tour Edge Ladies Bazooka 260](#)

- Large-face driver
- Forgiving on mis-hits



### Aspire XD1

- Graphite shafts
- Mallet putter



### Believe Ladies Complete Golf Set

- Forgiving large-head driver
- Sand wedge included

### Wilson Golf Women's Ultra



Wilson has long been a name brand in golf. In recent years, it has become more geared toward beginner golfers.

This set has nine clubs, five short of the maximum allowed by rule. That is not necessarily a bad thing, as you can add specialty clubs that fit you as you progress in the game.

Included in this set are: driver, fairway wood, hybrid, irons 6-9, pitching wedge, and putter. You also get a classy looking golf bag and three head covers.

#### Pros

- Inexpensive entry-level set
- Nice bag included
- Designed for lower swing speeds

#### Cons

- Only comes with nine clubs
- Bag is not a stand bag

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## [Callaway Women's Strata](#)



This is a bit more expensive than the Wilson set above but is of higher quality.

You get a driver, fairway wood, hybrid, 7- and 9-iron, sand wedge, and putter. That is but seven clubs, half the number allowed by rule. It will get you started, though, and the mallet-style putter is an added bonus.

The bag is a stand-bag, which is helpful during practice that all beginners need. These type bags can still be used during play with a cart.

### Pros

- Clubs are designed to be easy to hit
- Mallet putter included
- Stand-bag

### Cons

- Only seven clubs included

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## [Pinemeadow Golf Women's Nitrix](#)



Pinemeadow might not be the first name that comes to mind among golf-club manufacturers. In fact, you may not have heard of it at all.

But for beginners, this is a decent set of clubs at a nice price point. Included in this set are a driver, 3-wood, hybrid, and four irons concluding with a pitching wedge. The putter is not a mallet style but it does have a cavity back.

The included bag and head covers are perfectly acceptable for beginners.

### Pros

- Reasonable price
- Graphite shafts on woods
- Irons have large faces

### Cons

- Only eight clubs in set
- Putter is not mallet style

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[Palm Springs Golf Visa Lady](#)



This is an entry-level set that contains 11 clubs, more than the ones above but short of the 14 allowed. This set is designed with the beginner in mind, with forgiving and large sweet spots and two hybrids included.

If you continue to play golf, you will likely want to upgrade to a higher quality set, but this one is great for beginners.

Pros

- Designed for beginners
- Two hybrids included
- Irons have low center of gravity

Cons

- Not highest quality set available

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## [Tour Edge Ladies Bazooka 260](#)



The company says this is the best combination of technology and value in women's golf. Plenty of other manufacturers would dispute that claim, but this is a nice starter set.

It includes a driver with the largest club face allowed by rule that is quite forgiving. All of the other eight clubs are designed to be forgiving to off-center hits. Also includes a putter and stand bag.

### Pros

- Large-face driver
- Forgiving on mis-hits
- Includes a hybrid

### Cons

- Not highest quality
- Putter is not mallet style

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## [Aspire XD1](#)



Aspire says this set gives you everything you need. As a beginner, that is likely true. As you gain experience in the game, you will need to add to this set and perhaps replace it entirely.

Until then, you get a driver, 3-wood, hybrid, 6 through pitching wedge irons, a putter, and stand bag.

One appeal to this set is lightweight graphite shafts throughout.

### Pros

- Graphite shafts
- Mallet putter
- Affordable price

### Cons

- Maybe not highest quality set

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## [Believe Ladies Complete Golf Set](#)



If you are not put off by the lack of a known brand name, this could be a good set for beginners.

The set comes with a 460cc driver, the largest club head allowed, that is easy to hit and quite forgiving. It also has a 3-wood and two hybrids, along with six irons that includes a sand wedge. The putter is a mallet style, which seems to be too infrequent among beginner sets.

You also get a nice-looking bag and four matching head covers.

Also, the company donates \$5 to breast cancer research for every club sold.

### Pros

- Forgiving large-head driver
- Sand wedge included
- Mallet putter

### Cons

- Lack of brand-name recognition

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## What To Look For In Clubs

Here are some characteristics of women's clubs as compared to men's clubs.

### Weight

Even with a large club head on a women's driver, the weight of the club is reduced by using lighter materials. All of the clubs in a women's set is typically lighter since women do not often have the same strength as men.

### Club Length

Women's club length does indeed differ to men's. Clubs are as much as two inches shorter. This is due to the average height of women golfers being less than men golfers. This has two effects on your swing. Shorter clubs mean a shorter arc. This arc means less distance but greater control.

### Clubhead

Club heads are often a bit larger for women's clubs. This is so the clubs can be more forgiving for slower swing speeds.

### Grips

The grips of women's golf clubs are smaller both in length and diameter, since women's hands are usually smaller.

Those are the general differences between women and men when it comes to golf clubs. Let's take a specific look at each type of club in the bag and choose the right one for beginning women golfers.

### Drivers

Women's drivers typically have a shorter length (44 inches is common compared to 45.5 or 46 for men), more flex in the shaft, and dramatically more loft on the club face. While it is not unusual to see men's drivers with a loft of 10.5. For women, that can be as much as 20 degrees.

Beginning women golfers need those adjustments to help them get the ball airborne, and to keep the ball in play. At the early stages of your golfing life, those considerations are more important than length.

## Fairway woods and hybrids

Don't get confused with the nomenclature. You are unlikely to see anyone playing with wood comprising any part of today's clubs. This is merely a throwback to the days when club heads were made with wood. They are made with some kind of lightweight and strong metal today.

Along with your driver, beginning golfers should have one or two fairway woods, usually a 3-wood or 5-wood.

Long irons are notorious for being among the most difficult clubs to hit in the bag. For that reason, beginners should consider a hybrid, a club with features of both woods and irons. These are more forgiving and much easier to hit.

## Irons

Definitely get cavity-backed irons with perimeter weighting. This will make it easier for you to get the ball airborne and make it easier to control. You may blade irons and think they look great. You should not even consider blade irons until you become much more adept at the game, if ever.

## Wedges

Wedges are used for shots within 100 yards or so from the green. They come in a variety of lofts. As you become better at the game, you should consider adding a lob wedge and/or a gap wedge. Until then, you should be fine with a pitching wedge and sand wedge.

## Putters

Your beginner golf set might come equipped with a blade-style putter. If so, it might be a good idea to make this the first club in your bag to be replaced. Mallet-style putters offer much greater forgiveness on putts that are mis-hit.

Since you, as a beginner, are more likely to hit putts off-center, the greater forgiveness of mallet putters far outweigh the greater feel of a blade-style putter.

Now that you know the basics, let's take a look at some specific sets that are good for beginner women golfers.

## Final Thoughts

When trying to choose among beginner women's golf sets, you have several different directions to go in.

Some of the top things to look for are quality construction, forgiving woods and irons, mallet putters, and as close to a full complement of clubs as you can get.

For some people, a notable name in golf and nice golf bag could be important.

The Callaway Strata set is a real winner when it comes to quality. You do sacrifice a bit with the low number of clubs in that set.

For a budget set, the Pinemeadow Nitrix is a nice choice.

For those looking to get as near a complete set as you can, the Believe set has both a sand wedge and mallet-style putter. Having both those clubs included in beginner sets is a rarity.

*Helping you get the golf swing and game you've Always Imagined!*

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