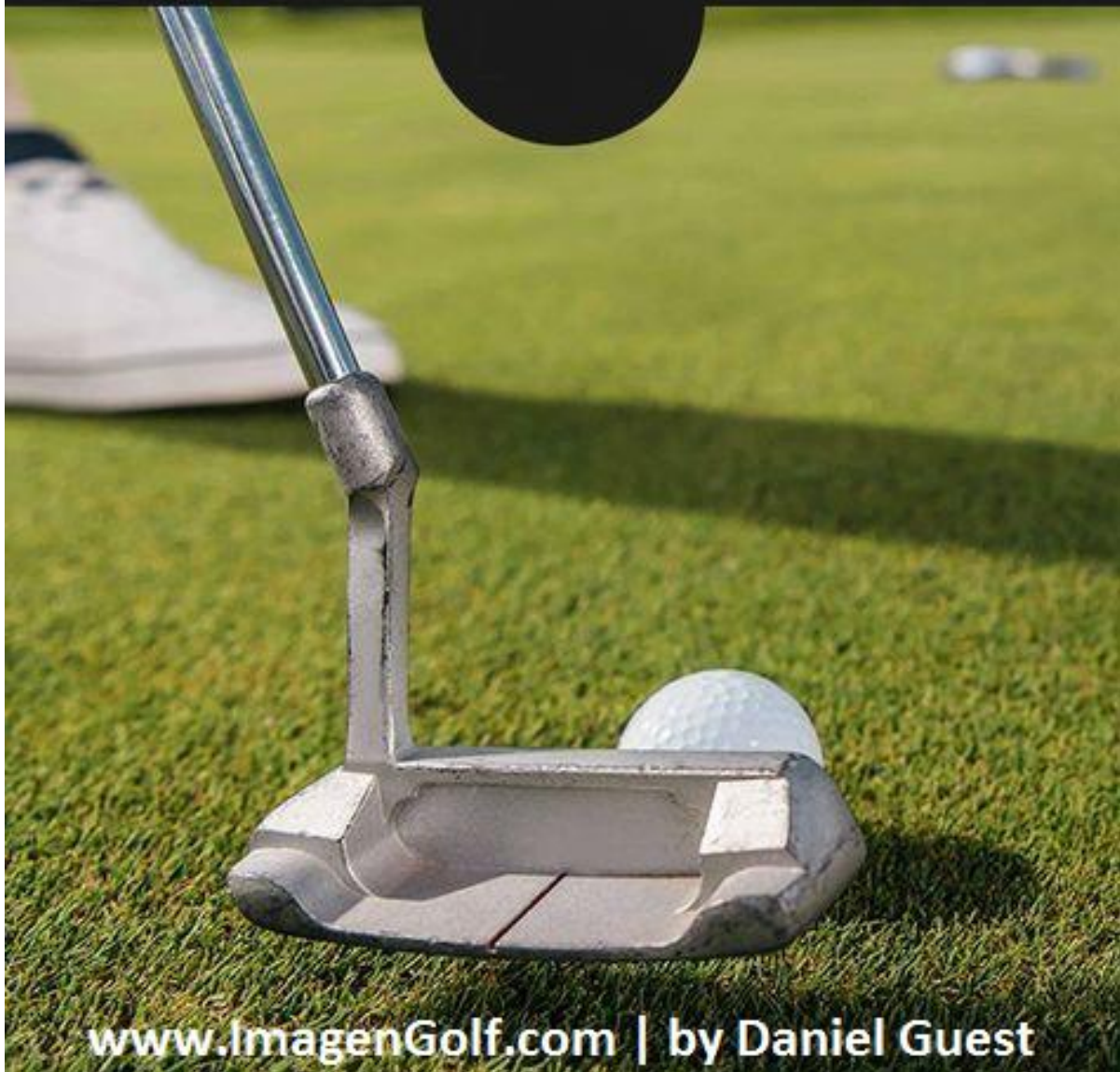


THE PUTTING PRACTICE PLAN

7- Drills to have you putting like you've
Always Imagined!



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PUTTING LIKE YOU'VE ALWAYS IMAGINED

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Dedicated to my wife:

THANK YOU FOR LETTING ME PURSUE MY DREAM!

Introduction

Putting drills don't have to be fancy. Putting drills don't require a lot of equipment. Putting drills don't need to take a lot of time to be effective. Using a few golf balls, your putter, and some tees, I've put together 6 drills that will increase your confidence on the greens and decrease your overall scores. The process you'll learn from this ebook will help guide your practice on the putting green. It's fun but challenging, too.

One of the things I observe on a day-to-day basis, is players on the putting green, aimlessly rolling balls at holes with no purpose or goal. These simple drills are made to make your time spent on the putting green worthwhile, fun, and efficient. Whether you do one drill a day, or all six at once, these are guaranteed to move money from your playing partner's pockets into yours, one putt at a time!

***"I enjoy the oohs! and aahs! from the gallery when I hit my drives. But I'm getting pretty tired of the awws! and uhhs! when I miss the putt."** – John Daly*

Drill 1

4 Corners

1 Ball, 4 Tees

An easy start into your putting drills

The Setup

Using your putter to measure your distance about 3 feet from the hole, form a square, or four corners, where the tees are placed around the cup.

The Drill

This drill is all about making the short ones with confidence. Using one ball, pick a tee to start from. Once the first putt is holed from that location, move in a clockwise direction to the next tee. If the second putt is holed in succession, move onto the next tee. If the second putt is missed, start over on tee position 1. To complete the drill, you must make all 4 putts in a row, moving in a clockwise manner. For extra difficulty, move back around the hole in a counter-clockwise manner, making all 8 putts in a row.

Drill 2

Lag For Break

4 Balls, 1 Tee

A great drill for long putts and warming up before a round

The Setup

Place your tee somewhere near the center of the putting green. Drop all 4 balls near the tee.

The Drill

Pick out 4 spots, one in each corner of the putting green near the fringe. The object of the drill is to lag each ball towards the corner of the green, having your ball creep up towards the fringe, but not carrying onto the fringe. Aim to get each ball within 3 feet of the fringe (about one putter length) without touching the fringe. If your putting green is smaller, aim to get each ball settling within the shaft length minus your grip (“inside of the leather”), or for even smaller greens, settling within the length of the putter grip (around 8-10”).

Picking the center of the green will likely give you putts that break different directions and have different speeds, both uphill and downhill. This gives you a feel for lagging longer putts using different situations and conditions.

Drill 3

Speed Ladder (Easy)

10 Balls, 2 Tees

A great test of your speed control and touch on the greens

The Setup

Find a relatively flat spot on the practice green. Place a tee in the ground, and walk off 6-7 good sized paces (approximately 18-20 feet) and place the other tee in the ground. Drop all 10 balls by either tee.

The Drill

This drill is about controlling the rhythm, length, and acceleration of the stroke. Starting with your first ball, roll the putt towards, but not past, the second tee. Roll the next ball from the same spot, towards, but not past, your first ball (the one you just putted). Each ball must come to rest before the previous putt in order to continue. If you roll one of your balls past the previous ball, you must gather all of the balls and start over again. To complete the drill, you must fit all 10 balls in succession between the tees.

A variation on the drill can also be done hitting the first putt a short distance, and hit each putt after it a little bit longer, fitting all of the balls between the tees, starting over if you hit a putt shorter than the previous one.

Drill 4

Circle 8

1 Ball, 8 Tees

Put more pressure on your short putting with this advanced drill

The Setup

Using your putter to measure your distance about 3 feet from the hole, form a circle, or 8 spots around the hole using your tees. An easy way to do it is to use your 4 corners setup, and place four more tees in between those ones.

The Drill

This drill is like the 4 corners drill, only twice the putts, and twice the pressure. Using one ball, pick a tee to start from. Once the first putt is holed from that location, move in a clockwise direction to the next tee. If the second putt is holed in succession, move onto the next tee. If the second putt is missed, start over on tee position 1. To complete the drill, you must make all 8 putts in a row, moving in a clockwise manner around the circle. For extra difficulty, move back around the hole in a counter-clockwise manner, making all 16 putts in a row.

Drill 5

Speed Ladder (Medium)

5 Balls, 3 Tees

Working on touch and control, with an extra wrinkle thrown in

The Setup

Find a relatively flat spot on the practice green. Place a tee in the ground, and walk off 6-7 good sized paces (approximately 18-20 feet) and place the other tee in the ground. Place a 3rd tee right in the center, about 3-3.5 paces away from each tee. Drop all 5 balls by either end tee.

The Drill

This drill is a tougher version of the earlier speed ladder drill. Instead of fitting 10 balls within the 20 foot space between the tees, you now have to fit 5 balls in a 10 foot space. The kicker is that you have to fit the balls between the middle tee, and the far tee, still in succession, from either short to long, or long to short. For instance if going long to short, putt the first ball at the far tee, without going past it. The next ball must be short of the previous ball, but longer than the middle tee. You now have less space to work with, and the putts all have to travel longer than 10 feet or so, which makes the drill tougher. When testing yourself further, try to fit more than 5 balls in the 10 foot space and set some personal records!

Drill 6

3-6-9

3 Balls, 3 Tees

Making putts when the heat is on

The Setup

Find a relatively flat spot on the practice green. Place a tee in the ground one putter length from the hole (approximately 3 feet), a second tee one putter length back from the first, and a third tee one putter length back from the second (all in a straight line) Drop all 3 balls by the first tee.

The Drill

This is the drill that was my go-to when I was in college and one that I still use today when I'm preparing to play tournament golf. To complete the drill, you have to make 3 putts in a row from all three tee locations! If you miss any putts, even if it's the 9th putt in the drill, you have to start over at the beginning. There are times when I've made all 9 in a row on the first try, and times when it was too dark to continue, and I still wasn't done with the drill.

That's the nature of the 3-6-9 drill, it's a love/hate relationship!

Drill 7

Bonus! 9 Hole 1 Ball

1 Ball, 0 Tees

Practice like you play

The Setup

Take one ball and a ball marker and put it anywhere on the practice green.

The Drill

It's time to put the practice you've done into a game-like situation. Pick 9 holes of various length on the putting green, using one ball, and a ball marker, just as if you're in a round of golf. Also, take time to read the green just like you normally would. Make sure to vary the length, slope, and elevation changes with each putt as best you can. Keep a 9 hole scorecard to keep track of your records!

Thank you for downloading and reading this putting EBook! I hope the drills help you as much as they do my students. If you'd like more information on lessons email me at

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About the Author:

Daniel's passion for the game of golf has been growing ever since his boss told him "in order to succeed in corporate America you need to play golf" thirty years ago. Originally from West Chester, PA, Daniel honed his game to a single digit handicap while living in south Florida. In 2012 he founded Imagen Golf with his then teenage son to truly deliver the golf game that people always imagined. He is the author of the best-selling golf instruction book, *Unleash the Golfer WITHIN*.

Daniel's teaching philosophy is based on the experience he has gained learning from some of the best and brightest minds in the golf world such as David Leadbetter, Butch Harmon, Mike Bender, Mo Norman, David Edel and Fred Shoemaker to name a few. He is a big believer in the uniqueness of all golfers and the need to coach the individual rather than having a student conform to a certain model or method. The system that Daniel has ascribed to is a coaching philosophy that revolves around the proven, universal, and essential skills of golf. His approach to golf instruction is to teach the game using a skills-based system, to reduce variables and to coach his students on how to practice more effectively. A system, rather than a strict model or method of instruction, allows for the golfer's individuality to be preserved while fixing their most detrimental flaws all the while having fun!

Daniel is a dedicated USGTF, Titleist and US Kids Certified Teaching Professional who is passionate about coaching and growing the game of golf. If Daniel is not giving a lesson or conducting a clinic, you will probably find him working on his own game or playing ice-hockey with his long time teammates. Daniel believes in an all-encompassing, balanced approach to coaching his students towards reaching their true potential. He spends the winter months attending numerous educational seminars as well as the PGAs Demo Day and Merchandise Show in Orlando, Florida each year. Daniel has an indoor simulator for winter lessons and also teaches at a few of the area's best indoor golf simulator locations.

Here's to helping you get the game you've always Imagen-ed!

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