

## The Up and Down Game

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Many golfers would count this drill among their favorites, and that is the case for a number of reasons. The drill itself is simple enough – you chip and putt your ball in the short game practice area while trying to get up and down as many times as possible. You can play this as either a nine-hole or eighteen-hole drill, with a par of two on each hole that you play. So, naturally, par for a nine-hole version of this drill is 18, while the full version of the drill has a par of 36.

The best way to do the drill is just with two clubs, a wedge and a putter, and one golf ball. Drop the ball somewhere around the green, chip it toward a selected hole, and knock in the putt. Repeat this process for as many holes as you would like to play and keep score as you go. If you have a practice partner you can have a friendly competition based on your scores. If not, simply remember your own personal best and try to beat that mark during each practice session.